

JULY

4. The Wandering Physician

- Neena Jain

5. ERC I. Answers the questions with reference to the context.

1. Then to Kamalkant's surprise, he started sobbing uncontrollably - - - - - your problems

(a) Who is being referred to as 'he' in these lines?

The person being referred to as 'he' in these lines is Vishnuputra, a shopkeeper who had come to see Charaka because of his health issues.

(b) Which two words do you think describe how the doctor handled the patient?

The words 'patiently' and 'gently' describe how the doctor handled his patient.

2. "Like a king governs his kingdom, a man must - - - - - Vishnuputra

(a) Who is the speaker of these lines?
The speaker of these lines is Charaka.

(b) What is the comparison being made here and why?

The comparison being made here is that like a king cares for his kingdom, a person must take care of their health. It shows that just as a king makes wise decisions to keep his kingdom safe and prosperous, we must make healthy food choices to keep our body strong and well.

(c) How are food and health related?

Food and health are closely related because the kind of food we eat affects our well-being. Eating the right food keeps the body healthy and strong, while eating the wrong food can lead to illness.

II Short Answers:

1. Describe the man who walked into the ashram one day.

Ans: The man who walked into the ashram was extremely overweight. He leaned on a thick wooden stick and was finding it difficult even to walk. After taking a seat on the stool, he sighed in relief.

2. Why could the man not sit on the ground?

Ans: The man could not sit on the ground because he was very bulky and had difficulty moving due to pain. He was using a wooden stick to help him walk and could only lower himself onto a stool with great effort. Sitting on a mat on the ground would have been too hard and painful for him. So the doctor kindly asked for a stool to be bought for him instead.

3. What health problems did he suffer from?

The man suffered from several health problems because of his weight. He was obese, which made it hard for him to walk or move, so he needed a stick for support. He found it painful and difficult to sit down. At night, he had indigestion and could not sleep well. During the day he felt sleepy and tired.

III. Answer the following questions in detail.

1. Why did the doctor ask Vishnuputra to stay in the ashram?

Ans: The doctor asked Vishnuputra to stay

in the ashram as he needed to lose a considerable amount of weight. For this, he would have to undergo a combination of treatments. The doctor explained that simply prescribing him medicines to take home would not be sufficient, as his problem is not one that can be cured by a magic potion. They would have to first cleanse his body from within, then follow up with a special diet tailored to his needs.

2. What made Kamalkant snigger at the man?

Kamalkant sniggered when he saw how bulky the patient was. He tried to control his laughter but failed. The doctor noticed this and turned to look at him. He told Kamalkant that obesity is not something to laugh at because it is a sign of illness, not something funny. This taught Kamalkant to be kind and respectful towards patients.

Writing skill:

Write a character sketch of Charaka [Refer pg. no. 40 in Text Book]